



# EMERGENCY CARE

*When your health is on the line.*

## Lake Erie CycleFest

Whether you're ready to bike your way around Erie County or kick back in a lawn chair for some live music, Erie, PA is the place to be the first weekend in August! Whether it's the artist in you, your hipster spirit, the need for a weekend family gathering or a desire to hang out shore-side with fellow cyclists, Erie's Rhythm & Ride Weekend has something for everyone. And Lake Erie Cyclefest cyclists have access to prime festival real estate. Sign up for your rides through Lake Erie Cyclefest now, and receive exclusive access to our cyclist tent, The HUB. Look for The HUB tent adjacent to the Erie Blues and Jazz Festival's VIP Sponsor tent.

Erie County is well known among cycling enthusiasts for its wide variety of terrain and scenery. On a single ride, a bicyclist can experience the beauty of the Great Lakes, rural farmland, old growth forests, and city neighborhoods. Terrain in Erie County is ever-changing from fast flat lake-plains to the rolling countryside that forms the gateway to the Appalachian Mountains. Lake Erie Cyclefest is a unique collection of weekend cycle tours promising riders breathtaking views, and the kind of challenge and camaraderie that will return a lifetime of amazing memories.



Lake Erie Cyclefest is unique in that it's a true collaboration between three Erie nonprofits - EmergencyCare, WQLN Public Media, and the YMCA of Greater Erie who decided to move their bicycle fundraising events to a single weekend. The goal is to create an overall event far superior to any one single ride. For more information and to register please go to [www.ericyclefest.com](http://www.ericyclefest.com).

# Camp EMS

The 6th Annual Camp EMS was held from June 24th – June 29th at Allegheny College in Meadville PA. A total of 35 students, ages 14-17, attended.

The goal of the 6 day, 5 night camp is to generate interest in emergency pre-hospital care. During the week the participants learned a variety of medical related skills including: Medical and Trauma Patient Assessment, Splinting of extremity injuries, Use of the KED (Kendrick Extrication Device), -Earned certification in BLS Healthcare Provider CPR, -Cervical Spine Stabilization Techniques, Basic and Advanced Airway skills such as inserting an oral and Nasal Pharyngeal Airway, using a King LT, and how to intubate.



## Erie Gives

Erie Gives 2018 is fast approaching! This year it will be on August 14th, between the hours of 8 a.m. and 8 p.m. During this 12-hour period of online giving, The Erie Community Foundation will match a percentage of each donation you make to your favorite non-profit(s) when you donate through this website.

The minimum gift is \$25. You can go to: [www.ErieGives.org](http://www.ErieGives.org) select *EmergencyCare* as your charity of choice, make a donation and The Erie Community Foundation will match a percentage!